

PUBLISHED BY THE MOUNTAIN BREEZE STAFF

Town of Medway donates fire truck on loan

The Fire Dept has recently received a donated fire truck on loan, from the Town of Medway, MA. The 1990 FMC Pem Fab fire truck is needed because our 1987 Tank 1 is beyond repair. The Truck will be in service hopefully by press time of this MT Breeze issue. The dept is currently upfitting and doing necessary training on the loaner. The Dept and the Town is very grateful for Medway's donation.

We hope to have this used unit in service until the Dept and Town can get a new



154 Main Road
 Montgomery, MA

Office: (413) 862-4505
 Fax: (413) 862-4505

wsservice@nutmegtrucks.com

permanent truck designed and built.

On Sept 11, 2018, some members of the Fire Dept, along with the Frye family, and many other Depts and Families will be travelling to Boston to honor our Fallen Chief Stephen Frye and other Firefighters who have given the biggest sacrifice during line of duty. This is a free ceremony and if you would like more details please visit the MA Fallen Firefighters memorial website.

Marijuana Zoning Bylaw Meeting

The Planning Board will be holding a Hearing on September 17th at 7:30 to present a new Zoning Bylaw regarding licensing of marijuana-related businesses in Montgomery. The proposed bylaw is as follows:

Marijuana Not Medically Prescribed

Consistent with MGL Ch. 94G, Section 3, all types of marijuana establishments as defined in MHL Ch. 94G, Section 1(j), to include all marijuana cultivators, marijuana testing facilities, marijuana product manufacturers, marijuana retailers or any other types of licensed marijuana-related businesses, shall be prohibited within the Town of Montgomery.

There is currently a temporary moratorium in place for such activities, which expires December 31, 2018.

The hearing will be to receive input from Townspeople on the matter. A Special Town Meeting will be required to vote on the proposed by-law, as will a special election to present the matter as a ballot question. Look for more information on these votes in your mail box.

“We must free ourselves of the hope that the sea will ever rest. We must learn to sail in high winds.”

Aristotle Onassis

Remembering Steven Fry

On December 5, 2017 the small town of Montgomery, Massachusetts suffered a huge loss when our Fire Chief, Stephen P. Frye, answered his last call, passing away fighting a house fire in town. Steve was more than just the Fire Chief. He was a friend, mentor and coach to every member of the fire department and many other people in town.

The Montgomery Fire Department and town of 776 people would like to raise \$25,000 to erect a memorial to honor Chief Frye and establish a scholarship in his name that will be awarded to a graduating senior from town who has exhibited the same spirit of volunteerism and love for our community that Chief Frye had.

If you would like to help us honor our hero and preserve his memory, we would appreciate any donation you are willing to make. Please look for the Fire Chief Stephen P. Frye Memorial fund at <https://www.gofundme.com/donate-online/> which will be launched shortly. Thank you.

Important numbers

FIRE EMERGENCY 911
 AMBULANCE 911
 STATE POLICE 911
 HIGHWAY DEPARTMENT 862-4037

GATEWAY HIGH SCHOOL 685-1102
 GATEWAY MIDDLE SCHOOL 685-1202
 GMS ATTENDANCE 685-1201
 LITTLEVILLE ELEMENTARY 685-1301

TOWN HALL OFFICE 862-3386
 townhall@montgomeryma.gov
 Administrative Secretary Hours, Tuesdays
 & Thursdays from 10 a.m. to 4 p.m.

FIRE DEPT: 862-4505
 DEPUTY FIRE CHIEF - CHRIS GALIPEAU
 862-4599

TOWN CLERK - JUDY MURPHY 862-4478

POLICE DEPT:
 ADMINISTRATIVE POLICE CHIEF -
 PAULA CHAPMAN 862-4949

TAX COLLECTOR - JANE THIELEN 862-3386

ANIMAL CONTROL OFFICER -
 PHIL CAMP 862-4976

SELECT BOARD:
 DAN JACQUES 862-9001
 WAYNE MORSE 862-4023
 JACOB CHAPMAN 862-4949
 Meetings for the Select Board are held at
 7:00 p.m. every other Thursday.

SCHOOL COMMITTEE:
 MADELYN AUSTIN 862-4004
 mrrrr@verizon.net

LIBRARY:
 LIBRARIAN - PAULA LONG 862-3894
 montgomerylibrary@yahoo.com
 HOURS: Tuesday 10:00 a.m.-5:30 p.m.
 Thursday 4:00 p.m.-8:00 p.m.
 Saturday 9:30 a.m.-12:30 p.m.

BOARD OF ASSESSORS:
 Meetings of the Board of Assessors are held
 on the 1st & 3rd Wednesday of each month
 from 8:00 p.m.-9:30 p.m. Please call 862-3386
 for an appointment. Assessors' Clerk
 hours 1st & 3rd Wednesdays of each month
 from Noon - 4 p.m.

State Senator Don Humason:
 64 Noble St., Westfield, MA 01085
 (413) 568-1366
 Donald.Humason@masenate.gov

State Representative Peter V. Kocot:
 Rep.PeterKocot@hou.state.ma.us
 (413) 582-6111

September Calendar

Sept. 4 Recycling day
 Sept. 5 6:30 pm - Yoga - Town Hall
 Sept. 6 7:30 pm - Selectboard Meeting - Town Hall
 Sept. 12 6:30 pm - Yoga - Town Hall
 Sept. 12 7:30 pm - GRSD School Committee Meeting - GRSD
 Middle School Rm 112/114
 Sept. 14 9:30 -11:00 am - Osteoporosis Exercise - Town Hall
 Sept. 14 Noon - COA Picnic - Town Hall
 Sept. 15 9:30 am - Hancock Shaker Village visit - HS Building
 Sept. 17 7:30 pm - Planning Board Hearing & Meeting - Town Hall
 Sept. 18 Recycling day
 Sept. 19 6:30 pm - Yoga - Town Hall
 Sept. 20 7:00 pm - Selectboard Meeting - Town Hall
 Sept. 21 9:30 -11:00 am - Osteoporosis Exercise - Town Hall
 Sept. 25 10:00 am - COA Coffee Hour - Town Hall
 Sept. 26 7:00 pm - GRSD School Committee Meeting - GRSD
 Middle School Rm 112/114
 Sept. 26 9:30 -11:00 am - Osteoporosis Exercise - Town Hall
 Sept. 26 6:30 pm - Yoga - Town Hall
 Sept. 29 9:30 am -12:30 pm - Historical Society Open House - HS
 Building

Paula L. Chapman		
Administrative Chief of Police for the Town of Montgomery		
OFFICE HOURS: 6:30 pm to 7:45 pm		
September 13, 2018		September 27, 2018

October 4, 2018		October 18, 2018

November 8, 2018	November 15, 2018	November 29, 2018

December 13, 2018		December 27, 2018

MOUNTAIN BREEZE AD POLICY
Montgomery resident ads: \$3.50 for ¼ page, \$7.00 for ½ page, \$10.50 for ¾ page and \$14.00 for a full page.
Non-resident ads: \$5.00 for ¼ page, \$10.00 for ½ page, \$15.00 for ¾ page and \$20.00 for a full page.
Political ads: \$15.00 for ½ page and \$30.00 for a full page. (Political ads must include the name of the payer.)
Ads: email (preferably pdf file) to montgomerymtbreeze@gmail.com, put in the MB box at the Library, or mail to: **Montgomery Mountain Breeze, c/o Grace Hall Memorial Library, 161 Main Road, Montgomery, MA 01085-9525.** Include your name and phone number. Payment must be received by deadline date (usually on the 16th of the month) or ad will not be run. No cash, please; make check payable to Montgomery Mountain Breeze and put in the MB box at the Library, or mail to above address.

MOUNTAIN BREEZE STAFF

Editor: T.Lak 413-237-2818
 Helen Allyn * Chris Brown * Laurie Flechsig *
 Paula Long * Julie Pike * Jane Thielen
montgomerymtbreeze@gmail.com

Town wide tag sale in Montgomery

On Saturday October there will be a town wide tag sale in Montgomery. In addition to this tag sale there will be a fundraising tag sale on the picnic tables in front of the grille. If you have some good stuff that you would like to donate please contact me (Scott) at the Grille. All proceeds will go to the Montgomery Fire station.

Anything left over will either go to bulk pick that is on the same day. Or will be donated to Salvation Army.

For more info, please see the full page ad on page 4.

THE Weather Forecast



“It has been a hot humid summer with a lot of rain. So I would like to assure you that the nice weather is upon us and it is going to be a beautiful Fall with 50 degree nights and 65 degree sunny days. I know this is true because I am always right sometimes.”

NOTICE

The Montgomery Grille will be closed September 12th through the 16th. I will be attending a family gathering during that time.

September 2018

Calendarpedia
Your source for calendars

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	1	2	3	4	5	6

Hours:
Wednesday, Thursday, Friday:
5:30 am to 2:30 pm

Saturday and Sunday:
6:00 am to 2:30 pm
Lunch starts 11:00 am

46 Main Rd, Montgomery, MA • 862-(FOOD) 3663 Closed Mondays & Tuesdays

MONTGOMERY COMMUNITY

T A G S A I L E

**Sat Oct 6
8 - 4**

Rain date Oct 13
Call 862-3663 on Oct 6
to confirm rain date
called

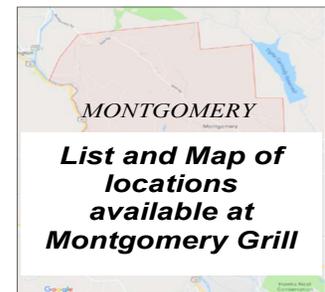
Multiple *Outside* Locations

- 1 Montgomery Market Place (10'x10' sites)
- 2 Little Red School House (10'x10' & 20'x20' sites)
- 3 Town Center (10'x10' & 20'x20' sites)

Plus Various residences

Contact Karan at 579-4896

- To have your home address listed
- To reserve space at one of the outside locations
- For additional information



Crafters Welcome! Sites are Free!

Free Parking! Free Admission!

SEPTEMBER BIRTHDAYS

Tanner Bush
Jeff Cinelli
Seth Cruickshank
Donna Hughes
Rich Little
Sheri Little Bucko
Fern Monat
Montgomery Moses
Lynn Moulton
Dinty Spencer
Gerry Spencer, Jr.
Matt Stevens

SEPTEMBER ANNIVERSARIES

Kathy & Jeff Cinelli
Andrea & Nick Moses
Marlene & Dale Stanisewski
Carol & Jim Stevens

Condolences

to the family of Charles "Chuck" Gardner of Huntington, Montgomery native, who passed away August 3. His mother, Elaine, was the first woman elected to Montgomery's Selectboard.

CEMETERY LOTS AVAILABLE

Anyone wishing to purchase a cemetery lot/plot, please contact Joanne Hebert at 862-4586, Patty Little at 862-3830, or Scott Darling at 862-3378. The price per plot is \$200. Sales are limited to town residents or those born in Montgomery.

Thank you to Gene Washburn and Ed Healy for all their years of service.

Divide Day Lilies in late summer or early fall

Divide day lilies every three to five years. Split and lift clumps with a garden fork in early spring after the soil has warmed or after flowers fade in August through early October. Pull the clumps apart by hand or divide with a sharp, sterile knife. Establish clumps of three to five fans and trim off any broken roots.



When dividing plants in fall, trim fans back to 4 inches. Make small mounds of dirt in each hole and spread roots over these mounds, keeping the crown -- the white fleshy base of the plant -- within 1 inch of the surface as you fill the hole. Water well and spread a 2- to 3-inch layer of mulch to conserve moisture.

PEACH, BASIL, MOZZARELLA FLATBREAD

Thank you Kate Griffen for this great recipe.

This Peach, Basil, Mozzarella Flatbread is made with fresh ingredients, drizzled with a honey balsamic reduction, and baked in the oven. This is just one combination of ingredients, so many possibilities. Enjoy!

Servings: 4

Calories: 196 kcal

Ingredients

- 2 large flatbread, such as Naan bread
- 1 - 2 fresh peaches or nectarines, ripe
- 1/3 cup fresh basil leaves, chopped (about 6 - 8 leaves)
- 1 Tablespoon honey
- 1 - 2 Tablespoons olive oil
- 4 ounces fresh mozzarella cheese, sliced
- 1/4 cup balsamic vinegar

Instructions

1. Pour balsamic vinegar and honey into a deep skillet over medium heat.
2. Cook and simmer until reduced to slightly under a 2 Tablespoons, about 15 minutes, stirring occasionally.
3. Preheat oven to 500 degrees F.
4. Brush flatbreads with olive oil. Layer with thinly sliced mozzarella cheese and thinly sliced peaches.
5. Bake for 4 - 8 minutes or until cheese is melted and bubbly.
6. Remove from oven. Sprinkle with chopped basil and drizzle with balsamic reduction.

SEPTEMBER RECIPES



Celebrating 28 years In Business

1990

MJC

2018

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Area's Best Prices
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Historical Society kicks off fall season with Hancock Shaker visit

Hope all our friends and neighbors have had a good summer. Are you looking forward to the beauty of autumn?

Your Montgomery Historical Society is kicking off the fall season on **Saturday, September 15**, with a field trip to **Hancock Shaker Village** on the outskirts of Pittsfield. All are welcome to attend! **Please plan to meet** at Montgomery's Historical Building/Town House, center of town, **by 9:30 a.m.** to travel by caravan to the Village (or carpool with others if you prefer). You will visit the several buildings on a self-guided tour. If desired, you may bring a picnic lunch, or we'll purchase lunch near the village. **Please call Laurie (862-8095)** with any questions and/or to let us know that you'll be joining us that day.

Open House at the historical building (Town House –

Historical Happenings



former Town Hall) will take place again on **Saturday, September 29** from 9:30 a.m. to 12:30 p.m.

We invite all to stop in for a visit to see our exhibits of artifacts and historic town photos. If you have documents or photos relating to the history of the town or our area, you are encouraged to bring them with you so that we may scan them and preserve them for future generations as part of the Historical Society's collection. (You retain the "original.") All are welcome – bring your younger generation for a peek into the past!

Coming on **Saturday, October 20** – We'll host our annual **Chicken Pie Supper at the Town Hall** starting at **6:30 p.m.** Please be sure to put the date on your calendar for an evening out including a "home-cooked" meal for just \$10.00!

The Montgomery Historical Society shares exhibits of local interest – antiques, collections, etc. – in a display case at the Grace Hall Memorial Library. The collection currently on display is titled "A visit to the Orient" and includes items from Japan and Korea brought home from travels with the U.S. Air Force. Hope you'll stop at the library for some reading or viewing material, and take in the display while you're there! And...if you have items or a collection you'd like to display at the library, please call Laurie (862-8095) to make arrangements – we'd love to include your treasures in an exhibit there!

Recycling News – Montgomery bulk drop-off requirements

SATURDAY, OCTOBER 8, 2017
8:00 AM TO 1:00 PM

**MONTGOMERY TOWN CENTER
BEHIND HISTORICAL BUILDING
AND CHURCH**

Available to Montgomery town residents – proof of residency, such as a license, may be requested. No trailer loads, please. Each household is allowed to bring up to five items – space permitting. (A few small items may equal one item.)

Lists of restricted and banned items are attached. Please refer to this list before bringing items to the drop – off.

This is a volunteer effort. If you appreciate this service, please come to help for an hour or two. The organizers cannot carry the items into the dumpsters and are always looking for help. If you would like to help, or have any questions, please call **Kate Griffen @ 862-0296** or **Chris Brown @ 862 4591**. Thank you for your cooperation.

*** Please Note – Appliances WITHOUT freon are ALLOWED ***

RESTRICTED ITEMS NOT TO BE PLACED IN YOUR CONTAINER

In order to ensure compliance with State and Federal Environmental Regulations, we are not permitted to accept the following items. Under no circumstances should they be placed in a container as trash.

- TIRES OF ANY KIND
- MATTRESSES/BOX SPRINGS
- COMPUTERS/MONITORS OR TELEVISION SETS
- ITEMS WHICH CONTAIN FREON (refrigerators, freezers, A/C, dehumidifiers)
- NO YARD WASTE
- NO APPLIANCES OF ANY KIND
- NO LIQUID OF ANY KIND
- NO HAZARDOUS WASTE
- NO ASBESTOS MATERIALS
- NO BATTERIES

These items are banned and cannot be disposed of as general trash. If they are found to be in the container, a handling fee will be charged to remove and properly dispose of the item(s). The fee varies according to the item is set by the disposal site.

Should you have any questions on how to properly dispose of any waste, please contact our office @ (413) 557-6700. Thank You.



Library News

facebook.com/
gracehallmemorial

**September
2018**

I like a teacher who gives you something to take home to think about besides homework. ~Lily Tomlin as "Edith Ann"

TIME TO SAY CONGRATULA- TIONS & GOOD- BYE TO SUE BROWN

The Library is happy to announce that Library Assistant Sue Brown has received a promotion at the Hadley Library. Fortunate for them, because Sue is a fantastic librarian, and unfortunate for us because she will be stepping down as the Library Assistant here. Sue joined us almost ten years ago and has aided with the growth of the library, worked Summer Reading Programs and Adult events. Her warm presents and helpful reading guidance will be missed by myself and patrons alike. Sue will stay with us till September 8, so please stop by on a Saturday and wish her well.



Trustees Meeting

Museum Passes

Old Sturbridge Village

Springfield Quad

Norman Rockwell

Mystic Aquarium

Deerfield Historical Mu-

USS Constitution

DCR State Park Pass

MassMoCa

Hours

Tues: 10- 5:30

Thurs: 4-8

Sat: 9:30-12:30

Contact

Mail

161 Main Road, Montgomery,
MA 01085

Phone

413-862-3894

email

MontgomeryLibrary
@yahoo.com

Website

montgomeryma.gov

wghl.masscat.org

[facebook.com/
gracehallmemorial](https://www.facebook.com/gracehallmemorial)

commonwealthcatalog.org

Book & Bake Sale

**Oct. 6 , 9-2 pm at the Little Red
School House**



This annual event will need some extra hands and bake goods. If you are interested please sign up at the library or email us. Bake goods can be brought to the School house on the morning of the sale, book donations collection will start on Sept. 15 till

Oct. 2. Please no text books, Readers Digest, Encyclopedias or damaged items. If possible please have items in a box.

Library Assistant for the Grace Hall Memorial Library

Public Library Assistant / Staff Clerk

Duties will include:

- Assisting patrons (checking materials in and out; assisting with patrons' requests for materials, helping them on the public computers and to use general office equipment like the fax and copier machines; helping to register patrons for new library accounts, sign up for programs, etc.
- Shelving materials, shelf reading
- Helping with publicity of programs, meetings, announcements
- Assisting with programs, decorating for programs
- Maintaining Library efficiency and order
- Attending necessary workshops
- Other reasonable job-related duties as requested by the Director

Qualifications

Minimum qualifications include: a love of READING, excellent communication skills; experience with computers/internet; detail oriented with an ability to use alpha-numeric organizational schemes, ability to provide quality customer service and an appreciation of the purposes and functions of the public library; adaptability and ability to work well with public and other staff members; ability to bend, sit, stand for prolonged periods of time, lift and carry up to 40 pounds; ambition and willingness to attend workshops on own time and work towards sub-professional library certification.

Preferred qualifications: Minimum Associates degree or 2 years of College; or any equivalent combination of experience and/or training that provides the required knowledge, skills and abilities upon approval by the Library Director. Ability to deal tactfully and courteously with the public, to maintain confidentiality with records and information; Ability to make minor decisions in accordance with library policies and procedures; Experience with common office equipment; Ability to work with limited supervision.

The position is 7 to 12 hours per month to start: Saturdays 9:30 -12:30, some Tuesdays & Thursdays

Flexibility required to occasionally cover staff shortages at other times during the week. Application and Job Description available by emailing the Director at Montgomerylibrary@yahoo.com. No resumés accepted without the official application.

COUNCIL ON AGING

Serving the Citizens of Montgomery
September 2018

Calendar

Fri – Sep 14 Picnic - noon

Tue – Sep 25 Coffee Hour – 10 a.m.

Osteoporosis Exercise Class

Town Hall – Friday – 9:30 – 11am

Birthdays

Eunice Spencer	Carol Thibault
Edwin Larrabee	Fern Monat
Gerald Spencer	

Eunice “Dinty” Spencer turns 100

Dinty will celebrate her 100th birthday on September 9th. She was born in Montgomery at the “Hall Place”, now 1600 Russell Road.

She married Gerald Spencer, Sr. and they became the parents of Gerald, Jr. and Sandy, both of whom still reside in Montgomery. She now has four grand-children, six great-grandchildren and two great-great-grandchildren with another on the way.

The family will be having a private party to celebrate this stupendous occasion. Cards and well wishes can be sent to Dinty at:

St. Joseph’s Residence
1365 Enfield Street Room 313
Enfield, CT 06082

Osteoporosis Exercise classes will restart on Friday, Sept 14th. This class is free (donations accepted) and open to all. New members are always welcome.

New Medicare Cards

Massachusetts residents on Medicare are now receiving their new cards. Elder Services advises those on Medicare to watch their mailboxes for a plain white envelope with a return address from the Department of Health and Human Service.

Elder Services say they expect it will take until the end of September for all residents to get their cards. If you haven’t received your card by October 1, then you should call 1-800-Medicare.

Medicare will accept your old number through December 31, 2018, but once you get your new Medicare card, destroy your old one.



Annual Picnic

Our annual picnic will be held on **Friday, September 14th** at noon in the Town Hall. Call 862-3257 by **Monday, September 10th** if you are planning to attend. Donations will be accepted. **All seniors are welcome.**

Falls Prevention Awareness Day September 22nd



The annual Falls Prevention Awareness Day (FPAD) will be observed on September 22, 2018 the first day of fall. The event seeks to raise awareness about how to prevent fall-related injuries among older adults.

Osteoporosis, Falls, and Broken Bones

Falls Prevention Awareness Day is a great time to learn about the link between fall-related injuries and osteoporosis. The good news is it is never too late to identify and treat osteoporosis or prevent falls to avoid broken bones. Speak to your healthcare provider about how to reduce your risks for osteoporosis and falls, about getting a bone density test, and about medications, if necessary, to treat osteoporosis.

How are falls and osteoporosis linked?

- 1 out of 5 falls among older adults causes serious injury such as a broken bone. If we can prevent falls, we can prevent broken bones of the hip, spine and wrist.
- Vitamin D deficiency is a risk factor for both falls and broken bones. Daily vitamin D and calcium supplements are associated with reduced falls and fewer broken bones in older adults. Speak with your health care provider about how much vitamin D and calcium is right for you.
- Regular physical activity and exercises that combine weight, muscle strengthening and balance helps reduce the risk of falls and improves the health of your bones.

Take action to prevent osteoporosis and falls

- ✓ Eat a balanced diet rich in calcium
- ✓ Take vitamin D supplements
- ✓ Get regular physical activity
- ✓ Don't smoke
- ✓ Limit your alcohol
- ✓ Check your home for safety
- ✓ Talk with your doctor about a screening test.

NCOA – National Council on Aging

To learn more, visit [ncoa.org/Falls Prevention](http://ncoa.org/Falls%20Prevention)

This newsletter is partially funded by a grant of the Executive Office of Elder Affairs
Outreach Worker: Ginger Cruickshank 862-4932
Council Members are: Anne-Marie Buikus 862-3257, Jane Thielen 862-4482, Sandy Haas 862-3829
Jeanne Aras 862-4497, Jean Bush 862-3645, Geraldine Larrabee 862-3884
Email: COA-Montgomeryma@hotmail.com