

PUBLISHED BY THE MOUNTAIN BREEZE STAFF

MFD hosts two day practical skills testing

This May the Montgomery Fire department will be hosting a two day class put on by the Mass Fire academy. The class involves a full day of class room knowledge and a full day of practical skills testing trucking water. The class room portion will be held at the fire station Saturday May 18th and the second day Sunday the 19th will be held on Old House road where the fire department has a draft site, and at the Center Cemetery on Russell Road.

The practical portion of the class will involve several surrounding town fire trucks transporting water to and from those sites. This class is designed to learn and create the most efficient method of water transportation.

These drills are what Montgomery and the towns that will be attending use in areas where there are no fire hydrants or there is limited flow of water when a structure fire occurs. The Montgomery fire department asks that on Sunday the 19th when you see the fire trucks driving the loop of Old House road and Russell road that you give them room to maneuver, these trucks are large and are not like your car going down the road. We also ask that when driving alongside the fire trucks parked on the side of the road that you go around



154 Main Road
 Montgomery, MA

Photo by MEB www.firenews.org

them slow watching for fire department members and for traffic directors.

Also by the time this paper has made it to your door, the state brush burning season has ended as of May 1st. We would like to thank everyone that called in for a burning permit and would like to thanks everyone for burning safe this spring.

The Montgomery Fire Department

“It is spring again. The Earth is like a child that knows poems.”

Rainer Maria Rilke

Town Clerk NEWS

Be sure to attend the Town Election Monday May 6th from 12:00 to 7:00. Special Town Meeting and Annual Town Meeting, Monday May 20th at 7:00 at the Union Hall.

Judy Murphy, Town Clerk
 413-862-4478

Important numbers

FIRE EMERGENCY 911
 AMBULANCE 911
 STATE POLICE 911
 HIGHWAY DEPARTMENT 862-4037
 GATEWAY HIGH SCHOOL 685-1102
 GATEWAY MIDDLE SCHOOL 685-1202
 GMS ATTENDANCE 685-1201
 LITTLEVILLE ELEMENTARY 685-1301
 TOWN HALL OFFICE 862-3386
 townhall@montgomeryma.gov
 Administrative Secretary Hours, Tuesdays
 & Thursdays from 10 a.m. to 4 p.m.

FIRE DEPT: 862-4505
 DEPUTY FIRE CHIEF - CHRIS GALIPEAU 862-4599

TOWN CLERK - JUDY MURPHY 862-4478
 Office hours are on the 1st and 3rd Wednesday of each month from Noon - 4:00. Or you may call for an appointment.

POLICE DEPT:
 ADMINISTRATIVE POLICE CHIEF - PAULA CHAPMAN 862-4949

TAX COLLECTOR - JANE THIELEN 862-3386

ANIMAL CONTROL OFFICER - PHIL CAMP 862-4976

SELECT BOARD:
 DAN JACQUES 862-9001
 MIKE MORRISSEY 862-3386
 JACOB CHAPMAN 862-4949
 Meetings for the Select Board are held at 7:00 p.m. every other Thursday.

SCHOOL COMMITTEE:
 MADELYN AUSTIN 862-4004
 mrrrr@verizon.net

LIBRARY:
 LIBRARIAN - PAULA LONG 862-3894
 montgomerylibrary@yahoo.com
 HOURS: Tuesday 10:00 a.m.-5:30 p.m.
 Thursday 4:00 p.m.-8:00 p.m.
 Saturday 9:30 a.m.-12:30 p.m.

BOARD OF ASSESSORS:
 Meetings of the Board of Assessors are held on the 1st & 3rd Wednesday of each month from 8:00 p.m.-9:30 p.m. Please call 862-3386 for an appointment. Assessors' Clerk hours 1st & 3rd Wednesdays of each month from Noon - 4 p.m.

State Senator Don Humason:
 64 Noble St., Westfield, MA 01085
 (413) 568-1366
 Donald.Humason@masenate.gov

State Representative Lindsay Sabadosa:
 info@lindsaysabadosa.com
 (413) 539-8599

May Calendar

May 1 Noon - 4 pm - Town Clerk Hours - Town Hall
 May 1 6:30 pm - Yoga - Town Hall
 May 2 9:00 am - Tai Chi - Town Hall
 May 3 9:30 - 11:00 am - Osteoporosis Exercise - Town Hall
 May 6 12 noon - 7:00 pm - Town Elections - Town Hall
 May 8 6:30 pm - Yoga - Town Hall
 May 9 9:00 am - Tai Chi - Town Hall
 May 10 9:30 - 11:00 am - Osteoporosis Exercise - Town Hall
 May 14 Recycling day
 May 14 10:00 am - COA Coffee Hour - Senior Room
 May 15 Noon - 4 pm - Town Clerk Hours - Town Hall
 May 15 6:30 pm - Yoga - Town Hall
 May 16 9:00 am - Tai Chi - Town Hall
 May 17 9:30 - 11:00 am - Osteoporosis Exercise - Town Hall
 May 18 1:00 pm - Roger Tinckne performs - Town Hall
 May 22 6:30 pm - Yoga - Town Hall
 May 23 9:00 am - Tai Chi - Town Hall
 May 24 9:30 - 11:00 am - Osteoporosis Exercise - Town Hall
 May 27 Memorial Day
 May 28 10:00 am - COA Coffee Hour - Senior Room
 May 29 6:30 pm - Yoga - Town Hall
 May 30 9:00 am - Tai Chi - Town Hall
 May 31 9:30 - 11:00 am - Osteoporosis Exercise - Town Hall

Paula L. Chapman
 Administrative Chief of Police for the
 Town of Montgomery
OFFICE HOURS: 6:30 pm to 7:45 pm

May 2, 2019	May 16, 2019	May 30, 2019
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MOUNTAIN BREEZE AD POLICY
Montgomery resident ads: \$3.50 for ¼ page, \$7.00 for ½ page, \$10.50 for ¾ page and \$14.00 for a full page.
Non-resident ads: \$5.00 for ¼ page, \$10.00 for ½ page, \$15.00 for ¾ page and \$20.00 for a full page.
Political ads: \$15.00 for ½ page and \$30.00 for a full page. (Political ads must include the name of the payer.)
Ads: email (preferably pdf file) to montgomerymtbreeze@gmail.com, put in the MB box at the Library, or mail to: **Montgomery Mountain Breeze, c/o Grace Hall Memorial Library, 161 Main Road, Montgomery, MA 01085-9525**. Include your name and phone number. Payment must be received by deadline date (usually on the 16th of the month) or ad will not be run. No cash, please; make check payable to Montgomery Mountain Breeze and put in the MB box at the Library, or mail to above address.

MOUNTAIN BREEZE STAFF
 Editor: T.Lak 413-237-2818
 Helen Allyn * Chris Brown * Laurie Flechsig * Paula Long * Julie Pike *
 Jane Thielen
montgomerymtbreeze@gmail.com

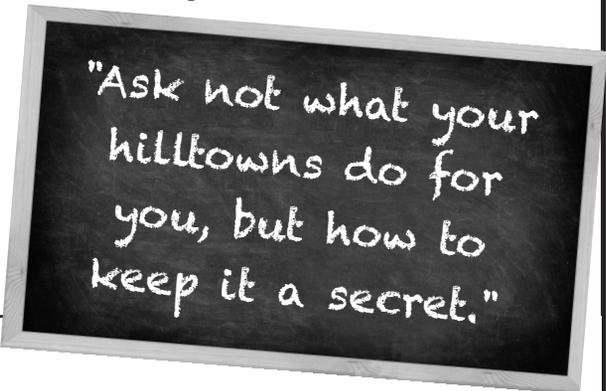
The Grille is *the place* to meet your neighbors!



Ma's in Paw Paw.

I am going to visit my mom and family for the week of Mother's Day. The Grille will be closed May 7 thru the 12th.

Michigan and Minnesota are not the same, just as Massachusetts and Maine aren't the same. Or maybe all Midwestern states are the same just like all East Coast states are the same. Everyone knows Massachusetts and New Jersey are exactly like each other.



**Montgomery
Grille**
AT THE MONTGOMERY MARKETPLACE

Hours: Wednesday, Thursday, Friday:
5:30 am to 2:30 pm
Saturday and Sunday: 6:00 am to 2:30 pm
Lunch starts 11:00 am

46 Main Rd, Montgomery, MA • 862-(FOOD) 3663 Closed Mondays & Tuesdays

Dog license(s) 2019 update

Your current dog license will expire at the end of March. The new licenses are in. You must license your dog in this town or any other town that you live in. You can mail it to the address below just make sure you include a self-addressed stamped envelope, and a check made out to the Town of Montgomery. If you do not send the self-addressed stamped envelope the license will not be mailed back to you. The fee for dogs that are neutered is \$6.00, un-neutered is \$10.00. For multiple dogs you can make a copy of this form. If you prefer you can license your dog during the town clerks regular hours as listed in the Mt. Breeze, or you may also call me and make an appointment to obtain your license. You will also be able to obtain a license at the upcoming Town Election which will be held on Monday May 6, 2019 from 12:00 to 7:00p.m. If you have any other questions please feel free to call me.

The town by-laws require all dogs be licensed by July 1st of each year or you will be fined a late fee of \$25.00 per dog, along with the licensing fee. All dogs three months and older, even if they are inside dogs, must be licensed.



Thank you;
 Judith L. Murphy, Town Clerk
 58 North Rd, Montgomery, MA, 01085
 413-862-4478

ANIMAL LICENSE

Town of **Montgomery** NO. _____

THIS CERTIFIES that _____, the undersigned,
 is the owner or keeper of an animal kept at _____
 Telephone: _____

and described as follows: NAME _____ AGE _____ YRS _____ MOS _____
 SIZE SMALL MEDIUM LARGE SEX MALE FEMALE NEUTERED PROMINENT BREED _____ COLOR _____ SPECIES **Dog**

Further Details: _____
 and is the animal described in RABIES VACCINATION CERTIFICATE NO. _____ Expiration Date _____

Dated _____, 20____, Signature of Owner or Keeper _____
 In reliance on the above certificate and the payment fee of \$ **4** / **1** / 20**19**
 the animal above described is licensed for the period ending _____
 Dated _____, 20____, Town Clerk _____

Park Square Realty here to serve you



Are you or anyone you know interested in buying or selling a Home, Condo, Land, or Mobile Home in the Western Mass area? If you do please call the number listed below for an appointment.

I look forward to speaking with you.

Judy Murphy

Office number: 413-552-7123

Email address:

judymurphy4478@gmail.com

Also check us out on facebook @

Judy Murphy Realtor.

If you get the recording, please leave a message and I will get back to you that same day. Make sure you leave your name, phone number, and best time to call.

Town rhododendrons take “winter kill” hit

May 18, 2019 is the date for the BOOK & PLANT sale at the Little Red School House on Pitcher St.

All proceeds will benefit our wonderful library here in town, paying for programs and supplies. You can support this event by donating plants and books. Contact Chris Brown at 862 4591 or chribro40@yahoo.com to donate plants. Contact Paula Long to donate books.

We are looking for perennials, annuals, herbs, vegetables, some houseplants. It is time to divide and thin out and share the perennials that many have in their gardens. It is very helpful if you identify the plants. It is a great opportunity for new gardeners to buy and plant in their gardens. One of the fun things for gardeners is to share the wealth”.

Rhododendrons in town...It appears that many, but not all of the Rhododendron bushes here in town have

GardenNews
by Chris Brown



experienced “winter kill”. The top 3/4's of well established plants have turned brown. I believe this is a result of the warmish temperatures over the winter and then a very cold snap (sub-zero) temperatures and winds that occurred in April. The cold temperatures causes the leaves to curl, which is a natural protective measure. In this instance those leaves did not recover. They appear to be dead.

Before you trim away the dead parts of the bush, wait to see if the stem tips and flower buds are still alive. Scratch the surface of the stem to see if green underneath. If the stems are brown, prune away the dead branches down to the green foliage in the bottom half of the bush. Some with green stems will sprout new growth. Prune the plant after the blooming period.

Hope this is helpful to our gardeners in town.

ASPARAGUS TART W/SWEET BLUEBERRY SALSA

Recipe for May 2019 Thank you Jeanne Aras for this springtime recipe.

Tart

1 sheet frozen puffed pastry dough, thawed blueberries
4 Tbsp. butter
4 med. onions, thinly sliced
8 asparagus spears, washed, trimmed & cut into 1/2 " pieces
6 oz. Brie, thinly sliced

Preheat oven to 400.

Saute onions in till tender & pale gold in color ingredients, set aside. Line baking sheets w/foil or parchment paper. Cut pastry sheet in half crosswise & place 1/2 on each pan. With rolling pin, roll pastry sheet to 1/8" thickness.

Divide onions & spread equally on pastry sheets, scatter asparagus across onions. Top with Brie.

Bake 15 to 20 minutes until golden and flaky.

Salsa

1 cup fresh or thawed frozen
1/2 cup cilantro, chopped
1 lime, juice from 1/2
1 tsp. honey
salt

In med. bowl add the salsa adding salt to taste.

Cut warm tart into squares & top with salsa.

MAY RECIPES

THINK SUMMER Memorial Day, May 27, 2019 is just around the corner!

This year the town will not have the Marching Band, but other musical arrangements are being made for the service & parade, which will start at NOON at the Town Center.

I am looking for 2-3 brave student volunteers to read historical pieces. For too many years the readings have been – In Flanders Field and the Gettysburg Address – if anyone has any suggestions for others, call me, I'm very open to suggestions.

Any questions please call me – Paula Chapman 862-4949.

Thank you to all who helped last time – this town shows it greatness by honoring our vets because without those who served – we would not be free to celebrate!



*Montgomery Community Church invites
you to a Free Ice Cream Social.*



**Date: May 19, 2019 Time: 12 noon to 3 p.m.
At the Montgomery Town Hall**

Montgomery Community Church would like to invite the community to come to the Town Hall for a Free Ice Cream Social. We desire the community to come and enjoy our church members on an informal basis.

All ages are welcome! We will be starting our Twentieth year as an active church here in Montgomery and desire to thank all of you for your kindness and support.

We will have the makings for ice cream sundaes and cones.

Come and join us for a wonderful experience!!!!

Thank you,
Pastor Howard R Noe
Montgomery Church Congregation

Stone House visit planned, yearly building spruce up note

Hope you're enjoying our April showers and the warming temperatures! So sorry the May-flies have already appeared – still have outdoor work to be done and they're a nuisance! Ah well, soon they'll be gone; then we'll only have to deal with the mosquitoes and various other flying pests...

Because of the deadline for the May Mountain Breeze and its proximity to the April 27 Roast Pork supper, we have no report on the supper at this time, but will mention it in the June issue of the Breeze.

Field Trip planned: On Saturday, May 11, we will travel to Belchertown to **tour the Stone House Historical Museum, which is open from 2:00-5:00 p.m.** (Entrance fee is \$5.00.) The museum is run by the Belchertown Historical Society and is located in a Federal style home built in 1827 during one of the town's most prosperous periods. It contains furnishings, china and accessories dating from the 1700's and 1800's, including many fine Connecticut Valley furniture specimens. "Henry Ford (the first) donated the funds to house some of the museum's outstanding unusual treasures," according to the museum brochure.

Everyone is invited to meet at Montgomery's Town Center at 12:30 p.m. to carpool to this location; if you'd prefer to drive on your own, you may join our caravan. We may discuss having dinner "along the road" on the way home if there is interest.

Historical Happenings



A reminder to all Montgomery residents and Hilltown friends: The Montgomery Historical Society's annual meeting will take place on **Saturday, May 18**, preceded by a **potluck supper at 6:00 p.m.** Those attending are asked to bring along a salad or casserole to share. The Historical Society will provide beverages and dessert, which will be make-your-own ice cream sundaes! Also, please bring place settings and serving utensils so the dishwashers can have the night off!

The evening will include a show-and-tell time: please bring along a doodad or "whatsit" for people to ponder over. This – can be something that even you cannot identify, and we'll see if we can figure it out! You can also simply bring some item that you'd like to share with others. This is always a fun time for everyone!

Come One, Come All! Historical Society members and friends are invited to participate in our once-a-year **spruce-up at the historical building (former Town Hall) on Saturday, June 15 starting at 9:30 a.m.** If you can give us a hand with this, please consider bringing dust rags, window-cleaning spray, paper towels, hand tools (for repairs), and heavy chisels with which to dig out our time capsule placed more than 25 years ago (when we completed putting a new foundation under the building and some interior rehab). Any and all help will be much appreciated!

The display case in the Montgomery Library, "curated" by your Historical Society, currently houses a collection of music "boxes" and bells loaned by two of our Society members. This exhibit will change around May 1st when we'll replace it with a collection of "boot jacks" loaned by another member from Westfield. Hope you'll take the time to utilize our "great little library" and while there, look over the items in the display case!

Thank you to those who've recently offered their collections to be exhibited at the Library. If others out there have something they'd like to share, please contact Laurie at 862-8095.



Outside the bird feeder with Lori Conley

THE AMERICAN WOODCOCK

Woodcocks are plump short-legged birds with long straight bills, short necks and short tails, well camouflaged in black, buff and gray-brown tones. Underparts are buffy to almost orange.

Woodcocks are easiest to find at dusk in the springtime when the male performs a marvelous 'display flight' or 'sky dance'. The male woodcock's evening display flights are one of the magical natural sights of springtime in the East. He gives 'buzzy peent' calls from a display area on the ground, then flies upward in a wide spiral. As he gets higher, his wings start to twitter. At a height of 200-350 feet the twittering becomes intermittent, and the bird starts to dive back to the ground. He zigzags down, chirping as he goes, then lands silently (near a female, if she is present) and continues again. Displays continue well into the night, so if

you hear this noise, be patient, track to its source and see if you can catch sight of him.

American Woodcock spend most of their time hidden in fields and on the forest floor, where they probe for earthworms. They often rock back and forth while walking along the ground. This action may make worms move around in the soil, increasing their detectability.

Breeding in early spring, they are ground nesting birds in the forest, that make a shallow depression in leaf and twig litter, usually in young upland woods. Young woodcocks leave the nest a few hours after hatching but for their first week they depend on their mother for food. Males give no parental care.

The woodcock is also known as the timberdoodle, Labrador twister, night partridge and bog sucker. The oldest woodcock on record was 11 years, 4 months. Happy Birding!

From All About Birds, the Cornell Lab of Ornithology

Irene, formerly of (HAIR Ltd) welcomes everyone to visit her at

ROYAL NAILS & SPA

617 E Main St., Westfield, MA • 413-478-6253 • 415-642-8002

Hi everyone, Irene would like you to come and meet Lisa.

Lisa is an experienced cosmetologist with a specialty in Hair Coloring. She is offering a 15% DISCOUNT on any Hair Service for the month of May for all new clients.

Stop in, we would love to give you a **NEW LOOK !!!!!**

If you're happy, we're happy. Happy Mother's Day!



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Offbeat holidays you can celebrate in May

MAY 1: LEI DAY

You've heard of May Day, but this is the Hawaiian equivalent. Celebrate the islands' culture with lei-making contests, Hawaiian food and music, and even the crowning of the Lei Queen.

MAY 1: MOTHER GOOSE DAY

Founded in 1987 by Gloria T. Delamar in conjunction with the publication of her book, *Mother Goose: From Nursery to Literature*, this is a day to "re-appreciate" the old nursery rhymes.

MAY 1: NEW HOMEOWNERS DAY

One could argue that getting out of the rental game is a celebration in itself, but here's a holiday for brand new homeowners anyway. (A Risky Business-style dance party would be one good way to party with all that room.)

MAY 3: NATIONAL TWO DIFFERENT COLORED SHOES DAY

For people who want to practice a safe level of nonconformity.

MAY 4: STAR WARS DAY

May the fourth be with you!

MAY 4: FREE COMIC BOOK DAY

Ever since 2002, the first Saturday of May has seen participating independent comic book stores across the country hand out their wares for free. Over 3 million comic books are given away each year.

MAY 4: INTERNATIONAL RESPECT FOR CHICKENS DAY

You might appreciate them for the sustenance they provide, or you might appreciate them so much that you don't use them for sustenance. Either way, celebrate the chicken today.

MAY 6: NO HOMEWORK DAY

We assume this applies to kids and adults alike.

MAY 8: NO SOCKS DAY

The pitch for this holiday cites the lighter load of laundry foregoing socks will create. This seems specious at best—how big are your socks?— but let's all hope it will be sandal weather by this point, in which case you can and should definitely go without socks.

MAY 10: STAY UP ALL NIGHT NIGHT

Staying up all night pretty much always leads to some great stories.

MAY 11: EAT WHAT YOU WANT DAY

The best holidays encourage you to break some dietary rules and this one might be the best of all because it encourages you to break all of them.

MAY 11: NATIONAL BABYSITTER'S DAY

Because, let's be real: their job isn't always easy.

MAY 11: NATIONAL TRAIN DAY

National Train Day celebrates when the "golden spike" was driven into the final tie in Promontory Summit, Utah, to connect the Central Pacific and Union Continental railroads, creating a country unified by 1776 miles of train track.

MAY 12: NATIONAL LIMERICK DAY

Observed annually on the birthday of English author Edward Lear, whose 1846 *A Book of Nonsense* helped bring the lyrical form to popularity.

MAY 25: NATIONAL TAP DANCE DAY

The perfect day to put on your dancing shoes.

MAY 25: TOWEL DAY

To honor author Douglas Adams, fans carry around a towel all day. The tradition is a nod to a passage in *The Hitchhiker's Guide to the Galaxy* about the importance of towels: "A towel, [The Hitchhiker's Guide to the Galaxy] says, is about the most massively useful thing an interstellar hitchhiker can have." Good enough for us.

Montgomery
Town Government | Boards & Commissions | Library | Docs & Forms | Calendar | About | News | MT Breeze

Welcome to Montgomery, Massachusetts

We are a rural, residential town situated in the Berkshire foothills. Montgomery's land area is about 15 square miles.

First settled in 1767, and incorporated in 1780, Montgomery was until fairly recently a farming community.

View the current and back issues of the Montgomery MT Breeze at the Town of Montgomery website: montgomeryma.gov

MAY BIRTHDAYS:

Jeff Brown
Ellen Couture

Jamie Ellils
Christina Harris
Jillianne Jacques
Cheryl Masciadrell
Kolleen Morrissey

Kyle Morrissey
Erin Pease
Nancy Peckham
Linda Smith

Garrett Spencer
Bartlett
Carol Stevens
Matthew Warren

MAY ANNIVERSARIES

Judy & Bob Dowd



Library News

facebook.com/
gracehallmemorial

May
2019

A Freudian slip is when you say one thing but mean your mother. ~Author Unknown

BOOK & PLANT Sale date of May 18, 9am to 2 pm

Stop by to our annual spring sale of Books & plants at the Little Red School house. We will be taking book donations at the library till May 15 and Plant donations the morning of the sale. Please contact **Chris Brown at 862-4591** regarding plant donations. Volunteers needed to help set up and break down! Please sign up at the library. If the date of the sale changes it will be posted outside the library and on our Facebook page.



Yoga Wednesday nights at 6:30pm \$10 Please contact Chris Brown at 862-4591

Due to the popularity of the CPR/ AED/ First Aid class we will have two classes in the fall. One an evening class and one for Seniors/ or people who might have knee issues. (You will not have to kneel on the ground for this class!) Date TBA but please let us know which class you might be interested in.



Montgomery T-Shirts and Library Bags will be on sale at the Book Sale! Show your town Pride

Summer Reading Program will be posted the first week of June. We will have Ms Mann's bookmarker crafts, Mary Jo storyteller, WingMasters Owls and more!

**Trustees Meeting
April 4 at 6:30pm**

Museum Passes

- *Old Sturbridge Village*
- Springfield Quad
- Norman Rockwell
- Mystic Aquarium
- Deerfield Historical Mu-
- USS Constitution
- DCR State Park Pass
- MassMoCa

Hours

Tues: 10- 5:30
Thurs: 4-8
Sat: 9:30-12:30

Contact

Mail

161 Main Road, Montgom-
ery, MA 01085

Phone

413-862-3894

email

Montgomerylibrary
@yahoo.com

Website

montgomeryma.gov
wghl.masscat.org
facebook.com/
gracehallmemorial

commonwealthcatalog.org

COUNCIL ON AGING

Serving the Citizens of Montgomery
May 2019

Calendar

Tue – May 14 Coffee Hour – 10 a.m.

Tue – May 28 Coffee Hour – 10 a.m.

Tai Chi

Town Hall – Thursday 9am-10am

Osteoporosis Exercise Class

Town Hall – Friday 9:30 – 11am

Birthdays

Carla LaFleur	Gunarts Jansons
Nancy Peckham	Claire Tyminski
Ellen Shaw	Mae Kenyon
David Fuller	



Roger Tincknell

This Land is Your Land
Saturday May 18th at 1 p.m.

Come join us celebrate Armed Forces Day with Roger Tincknell performing “This Land is Your Land”.

This performance is sponsored in part by a grant from the Montgomery Cultural Council and is free and open to all.

Light refreshments will be served. Doors will open at 12:30 p.m.

Elder Abuse – (800) 922-2275

Elder Abuse refers to any knowing, intentional, or negligent act by a caregiver or any other person that causes harm or a serious risk of harm to a vulnerable adult 60 or older.

Meals On Wheels – Highland Valley Elder Services – 800-322-0551 or 413-586-2000

Shine Counselor – Buliah Thomas – 667-2203

Veteran’s Agent – Daniel Flechsig – 862-8095

Outreach – Ginger Cruickshank – 862-4932



CONNECT, CREATE, CONTRIBUTE MAY 2019

Every May, the Administration for Community Living leads our nation’s observance of Old Americans Month. We are pleased to announce the 2019 theme, Connect, Create, Contribute, which encourages older adults and their communities to:

- Connect with friends, family, and services that support participation.
- Create by engaging in activities that promote learning, health, and personal enrichment.
- Contribute time, talent, and life experience to benefit others.

Zodiac Sign – Taurus/Gemini

Flower – Lilly of the Valley

Birthstone - Emerald

